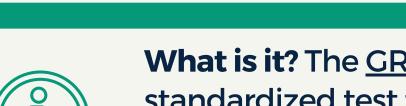
## The MAPS Committee

# The Graduate Record Exam (GRE): Information and Study Tips

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#### **GRE General**



What is it? The <u>GRE General</u> is a standardized test that aims to assess the test-takers ability to succeed in graduate school. This test includes three sections: Verbal reasoning, quantitative reasoning, and analytic writing.



Different sections: GRE General includes 7 sections: two 30-minute Analytical Writing Sections, two 30-minute Verbal Reasoning Sections, two 30-minute Quantitative Reasoning Sections, and One experimental section (either Verbal or Quantitative) that does not count towards your score. The exam takes approximately 4 hours to complete.



GRE Scores: Scores on the Verbal Reasoning and Quantitative Reasoning sections range from 130 to 170. Scores on the Analytic Writing range section from 0 to 6.



Cost: The GRE General costs \$205 USD (~\$275 CAD). Book your test date at least 1 month in advance. It costs \$27 USD (~\$37 CAD) to send score reports to schools that require official scores.





What is it? The <u>GRE Subject (Psychology</u>) is a standardized test that aims to assess knowledge of core areas in psychology most commonly covered in undergraduate-level courses.



Different areas: The GRE Subject (Psychology) includes questions about the Biological, Clinical, Cognitive, Developmental, Measurement and Methodology, Social, and Developmental areas of psychology. The exam includes ~205 multiple choice questions in one 2 hour and 50 minute session.



**GRE Scores**: Scores on the GRE Subject (Psychology) range from 200 to 990.



Cost: The GRE Subject costs \$150 USD (~\$200 CAD). Book your test date at least 1 month in advance. It costs \$27 USD (~\$37 CAD) to send score reports to schools that require official scores.

### Study Tips for your GRE(s)



- Self-assess: BEFORE you study or book your examination, start with a practice test, grade it, and compare your answers to the correct ones! Identify your biggest areas of improvement.
- **Self-care**: Eat well, sleep well, and engage in self-care. Don't neglect your own needs and well-being throughout this process! Lastly, try not to let a poor result get the best of you after the exam.
  - Balance longer study sessions with shorter ones
  - Relax the day before your exam!

#### • Test-taking tips:

- Eliminate answers that you know are incorrect.
- When you really don't know: Guess!
- o Don't get hung up on a tricky question: Mark tough questions for review.
- Read all texts, questions, and answers carefully.
- Practice GRE Questions, reflect, and then practice again!
- Set **SMART** Goals: Specific, Measurable, Achievable, Realistic, Timely
- Studying Resources: Study materials from ETS, Magoosh, Manhattan, Kaplan, and practice tests.
- Note that GREs are not always mandatory (especially during COVID). Check your program requirements optional does not necessarily mean recommended! Contact program directors if you have any questions.